

Nutrients in Various Food Sources Compiled from
 Dr. Ian Billinghurst's Give Your Dog a Bone and Grow Your Pup With Bones

Compiled by Denise Cannova (July 22, 2000)

Key:	Symbols:
B Vitamins includes all B Complex	Ω = Omega
Ca = Calcium	* = very good source
Ph = Phosphorus	x = Nutrient is present
Z = Zinc	< = Present but in low or relative deficient levels
Mg = Magnesium	> = Relative high levels, especially in comparison to partner nutrients. Possible danger of toxicity in high levels (Vit. D, A and Ω 3's)
Ma = Manganese	~ = Balanced source of partner nutrients (generally Ca: Ph ratio)
Se = Selenium	Please note: Lack of indication of nutrient means that the nutrient was not mentioned by Billinghurst for that particular source, or is not present. Safe to assume that the nutrient is either completely lacking or in very very low levels. Whole egg = with shell.
Ch = Chlorine	
Fe = Iron	
Io = Iodine	All information condensed from Give Your Dog a Bone and Grow Your Pup with Bones by Dr. Ian Billinghurst. Grains have been omitted from the list pending Billinghurst's reversal of his position on grains.
Cu = Copper	
K = Potassium	
Na = Sodium	